

Is Virtual Health Care Right for My Medical Condition?

Virtual appointments **work well for...**



- Many skin problems
- Minor infections or irritations
- Some mental health issues
- Sexual health questions
- Travel-related care
- Follow-up for tests and screening (e.g. lab tests, blood pressure, etc.)

Some medical conditions are **not ideal** for a virtual appointment. For example:

- New emergency symptoms (e.g. shortness of breath, loss of vision, weakness) – **go to the emergency department**
- Ear pain
- Injuries to muscles or joints
- Cough that won't go away
- When you need a physical examination



Learn more about virtual health care: virtualcarereseach.com



Questions for My Healthcare Provider

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